

2010 Resolutions

by Kathy Stutzman, WCPL Public Relations Manager

It's that time again when we think about new beginnings and all the things we can do to make our lives happier, healthier, and more rewarding.

With that in mind, Warsaw Community Public Library has some inspired ideas to save you money over the span of the new year. Here are some ways:

1. Resolve to NOT go on a diet. Forget buying those pricey diet books! Instead, have a healthy relationship with your food and lose weight. Fill up to slim down! Eat more fresh fruit and vegetables for a start. Check out our healthy eating books.
2. Forget buying birthday or anniversary cards for family or friends. Make your own. Attend our stamping classes this year. Make one-of-a-kind cards for every occasion.
3. Disconnect your Internet service. Surf the Internet with our FREE wifi. Stop dropping big bucks to stay connected!
4. Ditch the "night out". Watch FREE movies from the library at home. Movie tickets have climbed this past year and that's not counting the cost of refreshments!
5. Wear old clothes. Redesign and reconstruct your own clothing and accessories. Wear unique and one-of-a-kind outfits. Some awesome books have come in showing how to make clothes and accessories out of t-shirts and old sweaters.
6. Don't buy anymore books. Borrow! Despite the price wars of some stores, the cost of books is still high for those on tight budgets. We have the current bestsellers from authors like Glenn Beck and teen hits like New Moon.
7. Stop cleaning the house so much. Spend as little time tidying as possible in 2010 by clearing the clutter. Discover "hidden money" and turn trash into treasure. Organizing is a great stress reliever. *Clutter Cure* by Judi Culbertson breaks it down into three steps.
8. Be selfish. Help yourself by helping others. Call the various non-profits around here and ask them what they need. Next, try to meet that need. Try reading volunteer vacation books by Bill McMillon and Sheryl Kayne for some ideas.
9. Embrace social-ism. Join our book club, attend some classes with friends, or rediscover the art of crocheting and meet new acquaintances. Every third Wednesday of each month we host a crocheting class for all levels.
10. Go into debt. Debt means "something owed". You "owe" it to yourself to expand your mind and discover your passions. Take stock of your life. Focus on the simple things. The book, *Your Best Life Now: 7 Steps to Living Your Full Potential*, by Joel Osteen is a good start.

If you've been frustrated with making and not keeping ones from the past and sworn off doing any more, try some of these for a change. For more information on the resources or programs mentioned, call the Library at 267-6011 or visit www.warsawlibrary.org.

