

Check It Out column for week of January 4-10, 2009

Fun Resolutions for 2009

By Kathy Stutzman, Community Relations Assistant

This year I have decided to make resolutions again, although with a change. They will be FUN resolutions. *Who says resolutions always have to be drudgery?*

1. Spend more time with family and friends. I plan to meet my sister for an evening of camaraderie at one of WCPL's craft classes. *The monthly schedules are on WCPL's site, which will make it easy to select one.*
2. Fit in Fitness. Forget the traditional route of exercises, I am going to use something fun like exercise balls or bands. I've been looking through the library shelves and I have found some interesting books on using exercise balls and bands as well as biking for fitness.
3. Battle the Bulge. Dieting just doesn't work. I have been looking at the different health magazines and cookbooks we have on our library shelves for some great tasting but SIMPLE and healthy recipes. I also plan to involve my husband. We can connect with each other and have a lot of fun trying out new recipes together.
4. Enjoy life more. It's time to get back to enjoying what's around me. Mike and I both like to hike and with the different library books on recreational activities it should be easy to plan a hiking trip. The library's public computers can also be used to look up specific locations and get directions.
5. Learn something new. WCPL is in the process of adding new features to its site and a new technique, Screen casting, looks promising. It makes how-to instructional videos and experimenting with it has been fun. *Be watching the site for changes!*
6. Help others. I have already taken steps in that direction with my involvement with Kosciusko Leadership Academy. I have also had the opportunity to work alongside fellow librarians as they have gone to retirement homes and healthcare facilities as part of the library's Senior Circuit program.
7. Get more tech savvy. I have been experimenting with blogging and have set up a book review blog for the library ([www.bookshelfbuzz.blogspot.com](http://www.bookshelfbuzz.blogspot.com)). However, I still haven't figured out the importance of having a "twitter" account. *Tweeting just sounds funny!*

If you've been frustrated with making and not keeping ones from the past and sworn off doing any more, try some of mine for a change. For more information on the resources or programs mentioned, call the Library at 267-6011 or visit [www.warsawlibrary.org](http://www.warsawlibrary.org).